

Pastor: Rev. Dr. Jeff Beebe
Ormond Beach Presbyterian Church
105 Amsden Road
Ormond Beach FL 32176

June 2026
Volume 67, Issue 6

Email: opresch1@outlook.com
Web Site: ormondbeachpc.org

THE HOME VISITOR

“When You’re Expecting” by Rev. Dr. Jeff Beebe

With Pentecost, the Church here, and the Church there, finds herself at a pivotal launching point, at a time when the pace of our daily lives typically becomes expectantly slower, with the sudden expanse of time, and with less “have-tos” on our *do it now*, or “DIN” list. And yet, even in this Summer Season, the Church, expectantly hopeful, is urged to watch, to be ready, to “rush to completion”, to “[not] back down”, to anticipate that God is once again about to do a new thing in and thru the Church here, and in and thru the Church there, wherever and however God’s Church is to be found.

With more daytime hours, more heat, more rain (hopefully yes, but in moderation), more travel (whether it be ours or theirs), more time, more opportunity, at every stage of life, We, The Church, are to allow the One who was, the One who is, and the One who, expectantly, is to come, to set the pace for each of our lives and our lives together in this season of life.

As one who has completed a marathon (26.2 miles) I can assure you that setting pace is key. Through many weeks of training, a marathoner strives to understand what one’s limits are and how far those limits can be pushed and critical to that understanding is setting one’s pace. It’s been said that running a marathon is an awesome achievement, demonstrating impressive physical and mental endurance, determination, and dedication to a training plan and that less than 1% of the world’s population has run a marathon. Ok, ok, been there done that. As believers that pace is set by our Lord and Savior, Jesus Christ, the One who was, the One who is, and One who is to come. And so, our pace,

[looks] to Jesus the pioneer and perfecter of our faith, who for the sake of the joy that was set before him endured the cross, disregarding its shame, and has taken his seat at the right hand of the throne of God. Hebrews 12:2 NRSV

Our pace as believers is set before us and our hope is that we would have expectant eyes to see, and that we would have expectant ears to hear, and that we would have expectant hearts and expectant minds to understand that which is set before us in each of our lives and our life together whether we here or there.



Prayers for	2
Confirmation Class	3,4,5
Faith-Fellowship	6
Welcome New Members	7
OBPC Scholarship time	7
Music Notes	8,9
Christian Education	10,11
Deacon's Corner	12
Puzzle	13
MAY Birthday/Anniv.	14
JUNE Birthday/Anniv.	14
OBPC June calendar	15

SPECIAL NOTES

- Breakfast/Beach/Bible Study 6/10
- Baseball game 6/12
- Father's Day 6/14
- Adult, Youth & Children Bible Study with breakfast, HFC 6/14
- July Home Visitor Cut off 6/15

We continue to lift in prayer OBPC Members.

Barbara Bowden
Bruce Burge
Ella Mae
Chadbourne
Aleta Dick
Bruce Geelhood

Phyllis Heller
Carol Helmendach
Sherri Jarvis
Keely Johnson
Sue Mitchell
Alma More

Jill Moscoso
Lyle Neely
Susan Parisi
Cynthia Pfleiderer
Ray Piller
John Smarkusky

Marilyn Smarkusky
Elizabeth Strong
Cindy Watkins
Gwen & Earl
Williams



We lift in prayer OBPC Families and Friends

Kimberly Pyne-Daughter and George Keefer-Friend by Sharon Carter
Laura Bassett, Mel Smith, Audrey Pentz, John Harkrader-Friends by Kirsten and
Curtis Finley

Steve Struble-Friend by Bill and Bonnie Thompson

Hiro Hirumi-Father by 2c and Karen Hirumi

Betty Colburn-Mother by Sandy Johnson

Becky Krenn-Friend by Sue Kim

Jerry Bracken, Vince O'Conner, and Darlene Rathmell-Cousins by Mike Troutman

Jim Thiede-Nephew by Rosie & David Perry

Sylvia Engelbrecht-Friend by Kassie Manza

Kathy Miller-Sister by Debbie Strickland

Matthew Eaton-Son, Bonnie Warder-Mother, Lynn Baker-Sister, and Ali Owens and Carson-Friends by Heather Eaton

Lisa Pierson-Daughter, Elizabeth Gainsborough-Sister, Sharon Kitts-Friend by Arlene Clark

Matt Sweet and Brian Canard-by the Canard Family

Brady Barry-Son, Trevin Barry, Henry Threatt-Grandsons by Susan Barry

Carolyn Kuehn and Alva Debiak by Candy Christman



Prayers for Our Community and World

We pray for peace among nations.

We have a Church Prayer Chain

Please call or text Candy Christman (386-956-5924) if you have a prayer request
to lift up by our Prayer Chain.

Confirmation 2026

The 2026 Confirmation journey was an inspired time of learning and growth.

Our nine students and their mentors began their journey at the Kickoff Dinner and covenants as to how they would show up for each other through the process.

The next gathering was a special day at Whispering Meadows Ranch where they learned about the important work of the ranch, created special posters for the students of the ranch, and dove into their faith statements by answering questions together.

Another gathering gave our students the opportunity to express their faith statement through artistic expression.

At the Celebration Dinner, our students presented their faith statements to the Session and family.

Finally, on May 3rd the church celebrated as our students publicly professed their belief and faith in Christ, one youth was Baptized, and all were welcomed into membership of the church.





FAITH-FELLOWSHIP

Jackie Robinson Ballpark, 105 East Orange Avenue
Daytona Beach, FL 32114



"TAKE ME OUT TO THE BALLGAME"

WHEN: Friday, June 12, 2026
WHERE: Jackie Robinson Ballpark
WHO: The Tortugas **TIME** 6:35PM

Join your church family and friends for an exciting evening of minor league baseball. Nothing says "summer" like a ballgame along the shore of our beautiful Halifax River. The stadium is the oldest minor league ballpark still in use. The ticket price is \$10. Sign up in the narthex. Cash or check made payable to OBPC (memo: ballgame).



Give me some peanuts and Cracker Jacks!!
Bring a friend!! Questions, call Ann Myer at 386-405-6757



What a beautiful day to spend time in God's creation! On Friday, May 1, we gathered at Washington Oaks Gardens State Park for a guided tour of the gardens. Then some of the group went to play on the playground while the other members of the group went for a delicious lunch. It was a wonderful day of fun, fellowship and learning.





Welcome New Members



Susan Russell comes from Pittsburg, Pennsylvania to Ormond Beach! She is now happily retired. While in Pittsburg, she worked at UPMC as a patient assistant in Thoracic surgery. At her previous church, Center Presbyterian, she served as a deacon during the 1990's. She loves gardening—great for Florida year-round and computer games!



Janet Ann Miller joins us by letter of transfer from 1st United Methodist Church in Ormond Beach. She is also retired. She previously worked as an administrator for a Behavioral Health Center. Before moving to Ormond, she lived in Norman, Oklahoma. Janet enjoys Bible study and water aerobics. Her family includes Jason Loan, son; Heather Loan, daughter; Pat Miller, stepson, Susanne Blix, stepdaughter, Rachel Miller's stepdaughter, sister and Mary Cordray, sister and brother Doug Kraner.



Mary Ann Stoneking also joins us by letter of transfer from Grace Lutheran in Ormond Beach. Before retiring, Mary Ann worked in financial services. At her previous church, she taught Sunday school and served as church board secretary. Before Ormond Beach, Mary Ann lived in Sioux Falls, South Dakota. She has a daughter, Kelli Stoneking. Her interests include reading, water aerobics and dancing.



Fredrik Realbuto comes from Albany, New York and lives on Ocean Shore Boulevard in Ormond Beach. What a difference in scenery! His employer is Audubon International for which he is a CEO. Fredrik enjoys sports, guitar and writing music.

Time for scholarship applications!



This generous congregation has been awarding scholarships to students for college since 1984. Our committee, Lynda Bonnicks, Claire Hiller, and Susan Coleman, select worthy candidates from our church members each year; the scholarship money is then sent to the college for their expenses. Students may re-apply each year for the full four years. Adults interested in furthering their skills to prepare for a different career are also welcome to apply. Applications may be completed online beginning June 1. Other paperwork is mailed to the church. (Recommendation letters, official transcript) **Applications must be completed by Friday, June 12, 2026.**

No late applications accepted.

There are two scholarship funds at our church. One is the Dorothy Summers and Bruce Haddad Memorial scholarship, which is funded by a yearly endowment. The OBPC second scholarship is funded by donations from members of the congregation; therefore, we need your help to make this account grow.

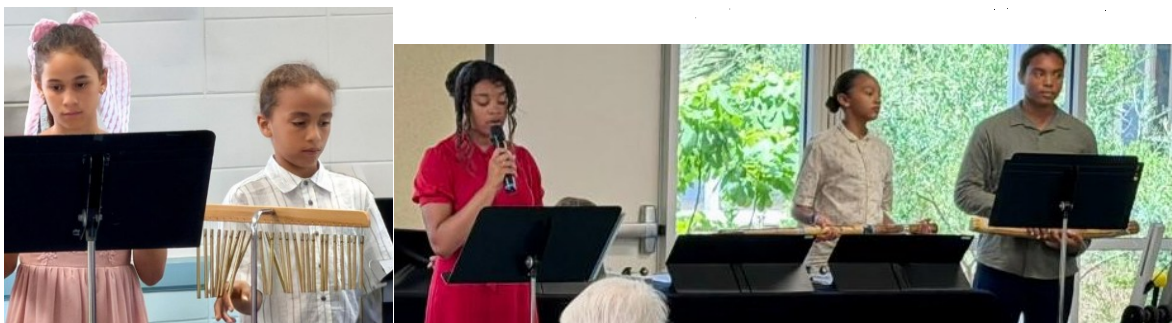
You can do this any time; just mark on your check to Ormond Beach Presbyterian Church: **scholarship fund.**

Music Notes—June 2026



Youth Choir Mini-Concert in April

Thanks to all who supported our Youth Choir in any way this year! Our singers come every Sunday morning at 9:00 for a half-hour rehearsal to learn the songs of the church. They are dedicated and committed to learning and sharing the music. This concert ended their season and gave them another chance to shine!



Food, glorious food! Thanks to all our cooks and servers!!





Singing and ringing Chimes on the hymn "Christ Be Our Light"



Our Mini-Concert was a great success. We raised over \$1500 to help us go to Montreat! Seven youth and seven adults will be travelling to Black Mountain, NC June 20-27. Please keep us in your prayers.



Choral Scholars Graduate

On Friday, May 8, Zay, Chanah, and Monae graduated from Bethune-Cookman University! Congratulations!!

Thank you for your continued support of our Choral Scholars. Please use this QR code to give directly to the Choral Scholars Fund!



Summer Choir

continues each Summer Sunday – ALL ARE WELCOME!!



CHRISTIAN EDUCATION



Join us on **Sunday June 14** for breakfast and a journey through the Lord's Prayer together.

Jeff Sidwell will be leading this program, and we will have various teachers leading this study.

This first Sunday we will have biscuits and gravy!

Who: Adults, Youth and Children **Where:** Fellowship Hall

When: Sunday mornings from June 14 - August 9 @ 9:00am



The Wednesday Morning Women's Bible Study group is enjoying their study on "HEAVEN ...When Faith Becomes Sight". They will finish this study June 10 and then will be free until mid-August when a new study begins.

Women's Gathering for the Summer months will be a little different from our usual routine. We will host a MOVIE with popcorn and drinks and time for discussion.
Room 12 10:00-11:30 or 12:00 pm.

June 6 **THE HIDING PLACE:** Corrie Ten Boom-The story of a family that fought the Nazi madness with the weapon of Love

July 11 **THE WAR ROOM:** about Prayer as a Powerful Weapon

August 1 **ANGELS:** Based on a remarkable true story

All women are welcome for our gatherings and are encouraged to invite friends or relatives to these events.



All youth, their families, and friends are invited Wednesday, June 10 @ 9am for a morning of fun!

We will gather at the church fellowship hall for breakfast and then walk down to the Amsden beach approach for a Bible study and fun in the sun.

Don't forget your sunscreen and towels. All elementary and younger children must have an adult guardian present for the duration of the event. Please contact Amanda Wilson-Stovall if you have any questions

Amsden Academy, on Saturday, May 23, had participants on their feet! We were so excited to have **Katrina Boyson**, a personal trainer, spend an hour and a half showing us ways we can work on strength training at home. She answered questions and showed us ways to modify exercises for those who struggle with the standard exercise. We look forward to our next Amsden Academy event in August and hope to see you then!

STRENGTH TRAINING 101

— Your At-Home Workout —

All you need is a chair, a wall, and a little space!

Do this circuit 2-3 times per week.

- | | | |
|---|---|--|
| 1 CHAIR SIT TO STAND
10 REPS
Strengthens legs for getting up from chairs/toilet | AT-HOME OPTION:
Use a sturdy chair. Stand up tall, sit down slowly, and repeat. | |
| 2 WALL PUSH UPS
10 REPS
Upper body strength | AT-HOME OPTION:
Stand an arm's length from the wall. Place hands on wall, bend elbows, then push back. | |
| 3 STANDING MARCHES
20 TOTAL
Balance + core | AT-HOME OPTION:
Lift knees one at a time as if marching in place. Use a chair or wall for support if needed. | |
| 4 WALL PUSH UP HOLD
20 SEC HOLD
Work up to full push up | AT-HOME OPTION:
Get in wall push up position and hold. Keep body straight and core tight. | |
| 5 HEEL RAISES
15 REPS
Ankles/calves for balance | AT-HOME OPTION:
Stand behind a chair for support if needed. Raise heels, then lower with control. | |
| 6 SEATED KNEE EXTENSIONS
10 EACH LEG
Quad/knee strength & mobility | AT-HOME OPTION:
Sit tall in a chair. Straighten one leg out, hold for a moment, then lower. Alternate legs. | |
| 7 BIRD DOG (WALL OR FLOOR VERSION)
8 EACH SIDE | AT-HOME OPTION:
On hands and knees or standing at the wall, extend opposite arm and leg. Hold, then switch. | |
| 8 FARMER CARRY
30 SEC
Walk holding grocery bags/light weights for stronger arms and grip | AT-HOME OPTION:
Hold grocery bags, water bottles, or light weights in each hand and walk at a comfortable pace. | |

★ MOVE WITH CONTROL. FOCUS ON FORM. BE CONSISTENT.

Small steps today. Stronger tomorrow.

LET'S STAY CONNECTED!

KATRINA BOYSON
Certified Personal Trainer
407.580.9886
katrinaboyson@gmail.com

STRONGER TODAY. BETTER TOMORROW.



STRENGTH TRAINING 101

Stronger Today. Healthier Tomorrow.

Better Quality of Life at 55+

- GET STRONGER**
- IMPROVE BALANCE**
- BOOST ENERGY**
- STAY INDEPENDENT**

AGING IS INEVITABLE.
WEAKNESS IS NOT.

WHAT IS STRENGTH TRAINING?

Strength training uses resistance to build muscle, improve balance, mobility, and strength for everyday life.

EXAMPLES INCLUDE:
Strength Exercises: Resistance Bands, Dumbbells, Kettlebells, Machines

★ You do NOT need to lift heavy weights to benefit!

WHY IT MATTERS MORE AS WE AGE

After age 30, we naturally lose muscle and bone. Strength training helps slow and even reverse these changes:

- Muscle mass
- Bone density
- Balance
- Mobility
- Energy levels

TOP BENEFITS OF STRENGTH TRAINING

- Builds and maintains muscle
- Improves balance and coordination
- Increases energy levels
- Supports healthy joints
- Improves posture
- Reduces risk of falls
- Helps with everyday activities
- Supports heart health
- Boosts metabolism
- Improves flexibility and mobility

SPECIAL BENEFITS FOR ADULTS 55+

STAY STRONGER FOR LONGER

Helps you stay independent and makes daily activities easier.

- Carry groceries
- Climb stairs
- Get up from chairs
- Play with grandchildren
- Maintain mobility and confidence

STRONG BONES & JOINTS

Regular strength training can:

- Improve bone density
- Reduce risk of osteoporosis
- Strengthen muscles around joints
- Help decrease aches and stiffness

BETTER MIND & MOOD

Exercise supports both your mental and emotional well-being.

- Improves mood
- Reduces stress and anxiety
- Improve sleep quality
- Support memory and cognitive function

GET STARTED

- 2-3 strength sessions per week
- 20-40 minutes per workout
- Focus on proper form first
- Focus on key movements: Squats • Push • Pull • Core • Balance
- Progress gradually and consistently

SAFETY TIPS

- Warm up before exercising
- Use controlled movements
- Prioritize form over weight
- Rest when needed
- Stay hydrated
- Talk with your doctor before starting a new program

THE GOAL IS NOT PERFECTION—
it's progress.

MOVE WELL.
LIVE WELL.
STAY STRONG FOR LIFE.

LET'S STAY CONNECTED!

KATRINA BOYSON
Certified Personal Trainer
407.580.9886
katrinaboyson@gmail.com

STRONGER TODAY. BETTER TOMORROW.





SAY CHEESE!!!

Picture day is coming up soon.

Sundays June 7 and June 14,

we will be taking photos of all our church family and friends for our new Church Directory. There will be time slots available before and after worship, and the photos will be taken in room 12. Please sign up for a time slot that works best for you at the Sign-Up Station in the Narthex. If you have any questions, please contact Ann Myer.



Even if predictions are below average for the number of named storms expected, it only takes one strong landfall to change hurricane season into an active one. Therefore, it's important to update your Hurricane Readiness list of who to call and keep it current.

American Red Cross (800 RED CROSS) 800-733-2767

Flagler County Emergency Management (386) 313-4200

Flagler County Sheriff Non-Emergency (386) 313-4911

Flagler Special Medical Needs Registration (386) 313-4200

Pets: Flagler Humane Society (386) 445-1814

Halifax Humane Society (Daytona Beach area) (386) 274-4703

United Way of Volusia-Flagler Counties (386) 253-0563

Volusia County Emergency Management (386) 258-4088

Volusia County Hotline (active during emergencies) (866) 345-0345

Volusia County Sheriff Non-Emergency Daytona Beach (386) 239-8276,

New Smyrna Beach (386) 409-8276, West Volusia (386) 943-8276

Volusia Special Medical Needs Registration (386) 254-1500

Leave a message if you need assistance.

PENTECOST WORD SEARCH

E W H G T O K P P E F P A K Z G L
R I R G M A H H O L Y S P I R I T
I N W H E A V E N Z H F X F H A A
F D U Y E L G S D S O O S L L C R
F D I F J D R E E U M E U C C F N
O L G V N D G L R Q G R L S R W L
S E U G N O T N I G N I K A E P S
E U B R S S M V E N Q J R V B D V
U A C K O F D B H D F Z Z K O U T
G C Q P Y D S E G A U G N A L A J
N Y A B V S E N N S Y T J V G Q C
O X P Q D F Z Z A R V Z I I U E C
T Z K H B G S C A K W A Y T E T F
G N I T T I S S W M Y F M L L P Z
T X N F J U O V V Q A C R O C U A
D A Y O F P E N T E C O S T S O M
P J S Z A R B I U M S O O E K M U

AMAZED

HOLY SPIRIT

SITTING

APOSTLES

HOUSE

**SPEAKING IN
TONGUES**

DAY OF PENTECOST

LANGUAGES

TONGUES OF FIRE

HEAVEN

MULTITUDE

WIND

MAY Birthday & Anniversary Celebrations



June Birthday and Anniversary Celebrations

Following worship service on Sunday, June 7, please join us in the Haddad Fellowship Center to recognize all who celebrate a birthday or an anniversary during the month of June. Desserts will be served.

JUNE BIRTHDAYS

2	Barbara Cole	10	Brooke Johnson	20	Ken Derbenwick
3	Pamela Morgan	10	Dave Schroder	20	Fredrik Realbuto
4	Verne Fuller	11	Tom Fischer	21	Bonnie Maloney
4	Jill Moscoso	12	Ashley Bennett	23	Lynda Bonnick
3	Sherry Thiems Lee	13	Sandy Johnson	25	Diamond Gibby
5	Fernando Benitez	16	George Weissgerber	30	Pat Finn
5	Hyssop Gibby	17	Kaye Schroder	30	Ken Hawes
6	Sharon Carter	19	Jeff King	30	Hunter Sharpe





JUNE ANNIVERSARIES

6/4	Stephine Park & Jeff Geloneck	1 yr	6/21	Heather Eaton & Jake Niceley	11 yrs
6/5	Terri & Harry Hackett	17 yrs	6/26	Betty & Tom Fischer	23 yrs
6/6	Carol & Dan Roll	40 yrs	6/30	Marcella & Dan Barton	9 yrs
6/18	Amy & Robert Deahl	15 yrs	6/30	Tim & Kim Watson	35 yrs
6/19	Gwen & Earl Williams	66 yrs			



Ormond Beach Presbyterian Church 2026

Every Sunday 9:00 **SUMMER** Adult, Youth & Children Sunday School, HFC; **10:00 SUMMER CHOIR**; 10:30 **WORSHIP** 1st Sunday with Communion; 11:30 PB & J Sandwich Making, HFC; 11:30 Fellowship Coffee Time, HFC

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 9:00 Presbyterian Counseling, 7	2 9:00 Presbyterian Counseling, 7	3 9:00 Presbyterian Counseling, 7	4 9:00 Presbyterian Counseling, 7	5 9:00 Presbyterian Counseling, 7	6 9:00 Presbyterian Counseling, 7 10AM WOMENS GATHERING, 12
7 11:30 JUNE BIRTHDAY AND ANNIVERSARY CELEBRATIONS, HFC	8 9:00 Presbyterian Counseling, 7 9AM FINANCE, LIB 6PM C.E. MEETING, LIB	9 9:00 Presbyterian Counseling, 7 10AM PROP.MTG-LIB 11:00 FAITH & FELLOWSHIP, LIB 5:30 WORSHIP MEETING, LIB	10 8AM Men's Bible Study, LIB 9:00 BREAKFAST/BEACH / BIBLE STUDY, HFC 10AM WOMEN'S Bible Study, 12 12:30 OUTREACH MEETING, LIB	11 9:00 Presbyterian Counseling, 7 9:30AM PLANNING & STAFF, 12 10:30AM TAI CHI, 9	12 9:00 Presbyterian Counseling, 7 6:30 BASEBALL GAME AT JACKIE ROBINSON PARK, DAYTONA BEACH	13 9:00 Presbyterian Counseling, 7
14 9:00 Adult, Youth and Children Bible Study BREAKFAST, HFC 	15 8:30 HUM VOLUNTEERS 9:00 Presbyterian Counseling, 7 6:00 SESSION MEETING, 12 HOME VISITOR CUT OFF	16 9:00 Presbyterian Counseling, 7	17 8AM MEN'S BIBLE STUDY, LIB 9:00 Presbyterian Counseling, 7	18 9:00 Presbyterian Counseling, 7 9AM DEACONS, MAKE & TAKE, HFC 10:30AM TAI CHI, 9	19 9:00 Presbyterian Counseling, 7 	20 9:00 Presbyterian Counseling, 7
21 	22 9:00 Presbyterian Counseling, 7	23 9:00 Presbyterian Counseling, 7	24 8AM MEN'S BIBLE STUDY, LIB 9:00 Presbyterian Counseling, 7	25 9:00 Presbyterian Counseling, 7 10:30AM TAI CHI, 9	26 9:00 Presbyterian Counseling, 7	27 9:00 Presbyterian Counseling, 7
28	29 9:00 Presbyterian Counseling, 7	30 9:00 Presbyterian Counseling, 7	7/1 8AM MEN'S BIBLE STUDY, LIB 9:00 Presbyterian Counseling, 7	7/2 9:00 Presbyterian Counseling, 7 10:30AM TAI CHI, 9	7/3 9:00 Presbyterian Counseling, 7 OFFICE CLOSED FOR 4TH OF JULY	7/4 9:00 Presbyterian Counseling, 7 

Please note: Since printing of this calendar changes may have been made. We would like you to visit OBPC web site at ormondbeachpc.org for the most current calendar and for other current announcements.